

ZC 2026: Session: 1: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 07:45 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Gavrilakis Melanie

Coaches: Collen Rutger

Coaches: Kozulya Mila

Coaches: Smeets Mirthe

Coaches: Broux Yves

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 100M FREESTYLE WOMEN 15+				Heat:14, starttime: 09:49
Heat: 14/15 Lane : 8 Athlete: TORDEUR LUCIE				Q-time: 01:05:50
PB (50m pool): 01:05.50 Antwerpen 13/07/2025				PB (25m pool): 01:03.72 SB: no time
	5 0 M	1 0 0 M		
PB	00:31.64	01:05.50		
	00:31.64	00:33.86		
				

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 13-14				Heat:2, starttime: 10:31
Heat: 2/7 Lane : 7 Athlete: PANNEMANS WOUTER				Q-time: 00:43:45
PB (50m pool): 00:46.86 Düsseldorf 15/12/2024				PB (25m pool): 00:43.45 SB: no time
	5 0 M			
PB	00:46.86			
	00:46.86			
				

Coach feedback:

Event number: 6: 200M BREASTSTROKE WOMEN 13-14					Heat:5, starttime: 10:58
Heat: 5/7 Lane : 2 Athlete: CUYPERS MANON					Q-time: 03:26:13
PB (50m pool): 03:22.82 Eindhoven 28/06/2026					PB (25m pool): 03:12.02 SB: 03:22.82 Eindhoven 28/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:45.08	01:36.15	02:30.08	03:22.82	
	00:45.08	00:51.07	00:53.93	00:52.74	
					

Coach feedback:

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Event number: 6: 200M BREASTSTROKE WOMEN 13-14					Heat:6, starttime: 11:02
Heat: 6/7 Lane : 7 Athlete: DREESSEN LYANA					Q-time: 03:19:15
PB (50m pool): 03:19.15 Genk 01/02/2026					PB (25m pool): 03:11.87 SB: 03:19.15 Genk 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:44.05	01:35.10	02:27.84	03:19.15	
	00:44.05	00:51.05	00:52.74	00:51.31	
					

Coach feedback:

Event number: 7: 200M BUTTERFLY MEN 15+					Heat:2, starttime: 11:14
Heat: 2/2 Lane : 5 Athlete: KENENS SIMON					Q-time: 02:31:97
PB (50m pool): no time					PB (25m pool): 02:31.97 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 7: 200M BUTTERFLY MEN 15+					Heat:2, starttime: 11:14
Heat: 2/2 Lane : 8 Athlete: TORDEUR ILIAS					Q-time: 02:50:96
PB (50m pool): 02:50.96 SportinGenk Park 24/05/2026					PB (25m pool): 02:48.25 SB: 02:50.96 SportinGenk Park 24/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.78	01:18.43	02:04.68	02:50.96	
	00:35.78	00:42.65	00:46.25	00:46.28	
					

Coach feedback:

Event number: 8: 100M BACKSTROKE WOMEN 15+					Heat:9, starttime: 11:37
Heat: 9/10 Lane : 2 Athlete: TORDEUR LUCIE					Q-time: 01:16:19
PB (50m pool): 01:16.07 ANTWERPEN 23/07/2023					PB (25m pool): 01:14.10 SB: 01:19.04 Genk 01/02/2026
	5 0 M	1 0 0 M			
PB	no time	01:16.07			
	no time				
					

Coach feedback:

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Event number: 9: 50M BUTTERFLY MEN 11-12										Heat:2, starttime: 11:43																			
Heat: 2/9 Lane : 4 Athlete: CHRISTIAENS GIEL																				Q-time: 00:50:51									
PB (50m pool): 00:50.51 Düsseldorf 14/12/2025										PB (25m pool): 00:45.17 SB: 00:50.51 Düsseldorf 14/12/2025																			
		5 0 M																											
PB		00:50.51																											
		00:50.51																											
																													

Coach feedback:

Event number: 9: 50M BUTTERFLY MEN 11-12										Heat:5, starttime: 11:47																			
Heat: 5/9 Lane : 8 Athlete: NYS ROBBE																				Q-time: 00:45:88									
PB (50m pool): 00:45.88 SportinGenk Park 06/04/2026										PB (25m pool): 00:45.90 SB: 00:45.88 SportinGenk Park 06/04/2026																			
	5 0 M																												
PB	00:45.88																												
	00:45.88																												
																													

Coach feedback:

Event number: 9: 50M BUTTERFLY MEN 11-12										Heat:9, starttime: 11:52																				
Heat: 9/9 Lane : 7 Athlete: POORTERS ARNE																				Q-time: 00:38:20										
PB (50m pool): 00:38.20 Düsseldorf 14/12/2025										PB (25m pool): 00:41.35 SB: 00:38.20 Düsseldorf 14/12/2025																				
	5 0 M																													
PB	00:38.20																													
	00:38.20																													
																														

Coach feedback: